

## Swallowing Fluoride Does Not Prevent Cavities

### If fluoridated water works topically

Just gargle  
Don't swallow.

### If fluoridated water works topically

Why make/buy fluoridated toothpaste  
and mouthwash concentrations  
2,000 – 10,000 times higher?



Azarpazhooch A, Stewart H, **Chief Dental Officer for Toronto**. Oral Health Consequences of the Cessation of Water Fluoridation in Toronto 2006 August.

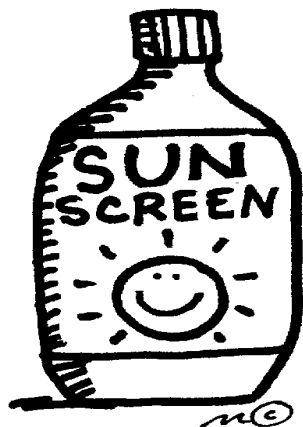
- The above meta-analysis demonstrates that cavity rates remained the same or continued to decline in communities which discontinued artificial water fluoridation.

Ito D, **President of Ontario Association of Public Health Dentistry**. Determinants of caries in adjacent fluoridated and non-fluoridated cities. IADR/AADR/CADR 85th General Session and Exhibition March 21-24, 2007 # 2757.

- “We found virtually no difference in caries prevalence or severity between 7-year-old children from schools in non-fluoridated Caledon and schools matched on socio-economic factors, in fluoridated Brampton.”

Maupome G, Clark DC, Levy SM, Berkowitz. Patterns of dental caries following the cessation of water fluoridation. *Community Dent Oral Epidemiol* 2001; 29:37-47

- “The prevalence of caries (assessed in 5,927 children, grades 2, 3, 8, 9) decreased over time in the fluoridation-ended community while remaining unchanged in the fluoridated community.” (British Columbia)



If this recent research evidence from members of the Canadian Public Health Service is correct, artificial water fluoridation **DOES NOT PREVENT CAVITIES**.

IF artificial water fluoridation **DOES NOT PREVENT CAVITIES**, it is a significant waste of taxpayers' money.

We don't drink sunscreen  
**because it is toxic to swallow**  
**because it doesn't work by swallowing**