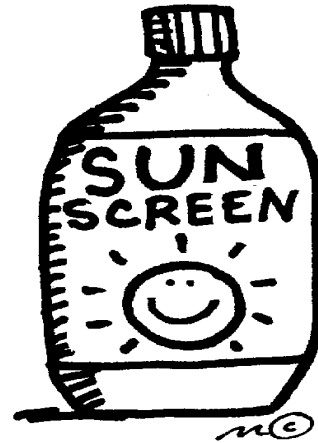


Fluoride works by applying it directly on the Tooth Surface.

We should not drink sunscreen or fluoride because...

- they are toxic to swallow
- they do not work by swallowing



US Centers for Disease Control

- "Its actions primarily are topical for both adults and children." 1999

IF fluoridated water prevents cavities by applying it directly on the tooth surface:



THEN gargling with F water several times a day should be all that we need.

THEN why do we need the VERY HIGH fluoride concentrations in mouth wash and toothpaste?

THEN why are researchers now suggesting that we NOT rinse with water after topical applications because it lowers the concentration of fluoride from saliva?

It is not logical to swallow Fluoride.