

# Statistics Canada

## NO BENEFIT DEMONSTRATED

<http://www.theglobeandmail.com/life/health/ontario-fluoride-may-make-minor-difference/article1535873/>

**British Columbia** – 3-4% artificial water fluoridation

**Quebec** – 3-4% artificial water fluoridation (Quebec City has stopped)

**Ontario** – 75% artificial water fluoridation

Cavity rates are similar between unfluoridated Quebec and fluoridated Ontario. Cavity rates are lower in unfluoridated British Columbia than in fluoridated Ontario.

### Fluoride advantage not all that clear

Statistics Canada studied the dental health of more than 5,000 Canadians between 2007 and 2009. The cavity rates in Ontario, where fluoridation is widespread, were remarkably similar to those in Quebec, where fluoridation is uncommon.

