Do Not Swallow
If swallowed: Contact Poison Control Centre Immediately!

Health Canada: “labels of fluoride-containing mouthwashes & toothpastes must carry the following cautionary statement”
Petition 221 to Auditor General of Canada, Answer 50:
http://www.oag-bvg.gc.ca/internet/English/pet_221_e_30308.html

"If more than used for brushing is accidentally swallowed, get medical help or contact a Poison Control Centre right away."

Directions for Use: “Do not swallow (FDA 1995).”

**WARNING!**
Do not swallow!
Get medical help or contact poison control centre if swallowed!

**NO WARNING!**

Pea-sized amount of toothpaste contains 0.25 mg fluoride

1-2 glasses of fluoridated drinking water contain 0.25 mg fluoride