

## **Poul Møller**

Chemist, M.Sc., retired, completely independent.  
Extensive studies during fifteen years on diseases of  
amalgam origin due to severe cases in the near family.

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## **IMPORTANT**

M. le Commissaire Markos Kyprianou.  
EU-Commission, Bruxelles.

### **THE SUCCESS OF YOUR "GREEN PAPER ON MENTAL HEALTH" WITH A MAJOR TURNAROUND IN CHRONIC DISEASES REQUIRES ACCEPTANCE AND ELIMINATION OF THE POISONING FROM AMALGAM.**

Dear Sir,

Since my first letter of March 6, 2005 I have had fruitful discussions with Messrs. Ryan and Schefflein. My contribution seems to be the only one describing the above connection. I use the Laws of Nature; it is evident that they are superior when orthodox medicine is conflicting. Furthermore present medical methods do not fit the research on mercury (Hg).

The front page of EU Public Health says that up to 27% of the citizens experience a mental health problem. Such problems have always existed, so I deal with their steady increase. We know why some persons are able to excrete mercury, Hg, and do not get ill and some are non-resistant with a larger load, that deposits preferably in the brain, the central nervous system and the kidneys.

### **ALARMING AND CONVINCING NEWS.**

The page emphasizes two subjects: 1) Depression. It is well-known that this is one of the most frequent disorders of Hg origin. 2) Suicides. Recently Guzzi et al. published autopsy studies and found a significant correlation between Hg in the pituitary gland, thyroid, cerebral and renal cortex and the number of amalgam surfaces. *Five of six suicidal cases were in the top region with levels 3 times higher - a "forensic scenario" (1).*

The Norwegian TV has broadcasted the "Mercury Girls" and the "Mercury Children". Dental assistants had inhaled Hg-vapor while heating amalgam over open fire and kneaded it in their bare hands. Hg penetrates the skin to the blood. (It was presented to the FDA-hearing, Sept 6-7. An internal report was rejected. For the first time ever FDA dealt with neurology in this connection and asked for more information). In this country a TV-copy made commotion. Preliminary figures: *Of 1.700 assistants 448 reported problems during pregnancy: abortions, premature, stillborn and malformed babies. 14 cases of multiple sclerosis, 117 of depression and 41 of fibromyalgia.*

**GENERAL INFORMATION.**

Our genes do not stand toxic heavy metals. They developed during 100.000 years when our ancestors lived as hunters. We have always been attacked by so-called free radicals (very reactive compounds) and evolution has given all living species a defence of antioxidants and vitamins. In healthy individuals attack and defence are in balance. A chronic surplus of free radicals in larger amounts is pathogenic, creating mental ill health and other chronic diseases. The Encyclopedia of Food Science lists some 50 (2). Amalgam-Hg is by far the main generator of radicals in non-resistant patients.

Non-orthodox dentists and physicians know the truth, skilled chemists, biochemists and food-scientists, too. They also emphasize food supplements, antioxidants and vitamins to prevent, delay or partly cure of diseases. However, due to censorship their papers do not appear in top medical journals. In contrast orthodox medicine does not care. Universities neglect teaching and research of our most systematic and severe toxic treatment in the West and they show little curiosity to solve the dogmatic and tabooed problem.

Positive results are claimed from genetic research. However, it can not be excluded whether they chase Hg-damaged genes and DNA's? Also stem cells may be polluted.

**CONCLUSION.**

Thus the man-made diseases of amalgam origin are taught, diagnosed, treated, medicated and researched on a highly incomplete background. The system has got impotent - an enormous waste of resources and suffering to the sick and their families. Many results may be reached by biochemical thinking alone, quicker, more reliable and cheaper. My controversial views should be considered now to prevent a delay for another five years.

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 Prof. Boyd Haley, world-famous biochemist of Univ. of Kentucky: "It is the inability to see the effects of chronic, low level toxicities on human health that has been, and remains, our greatest failing as intelligent beings" (3). Prof. L.W.Chang, outstanding toxicologist of Univ. of Arkansas: "The diseases of the 21th century will be dominated by heavy metals" (4).  
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Addendum: The urgency of access to vitamins and antioxidants stated above is counteracted by the Food Supplements Directive, which harmonizes South and North on the bad Northern level, preventing us from Mediterranean benefits.

With best regards.

(1) Guzzi G et al. Dental Amalgam and Mercury Levels in Autopsy Tissues, Food for Thought. Am J Forensic Med Pathol, 27, 2006, 42-45

(2) Encyclopedia of Food Sciences and Nutrition, Academic Press. 2nd ed. 2003, Ed. Caballero B et al. Role of Antioxidants Nutrients in Defence Systems, p. 282, Heavy Metals Toxicology, p. 3050, Mercury Toxicology, p. 3858. Many other relevant chapters.

(3) <http://www.altcorp.com/>

(4) Chang LW et al. ed. Toxicology of Metals, CRC Press, 1996, 1198 pg.